

Next to physical survival, the greatest need of a human being is psychological survival - to be understood, to be affirmed, to be validated, to be appreciated. Dr. Stephen Covey

The Quality Coach!  $^{\circledR}$  is pleased to announce that **7 Habits of Highly Effective People** will be conveniently offered here in your own community for a special introductory fee.

This program will be facilitated by Mary Shofner, who has led 7 Habits in multiple international venues, as well as locally. This workshop is a holistic, integrated, principle-centered approach for dealing with personal and professional challenges. Sit in the driver's seat of your own life by learning a step-by-step path for living with fairness, integrity, honesty, and human dignity—principles that give us the security to adapt to change, and then the wisdom and power to take advantage of the opportunities that change creates. Experience Mary's wit, warmth and passion for the 7 Habits as she leads folks through the powerful lessons of personal change.



This two-day transformational workshop is highly interactive, and helps place participants in the driver's seat of their own life.

From: 8:00 a.m. - 5:00 p.m. each day

Materials, lunch, coffee service and snacks are included.

Want to bring 7 Habits in house? Contact mary@thequalitycoach.com